



## Objects of Reference – a guide for parents



### What are Objects of Reference?

Objects of Reference (OOR) are a way to help your child understand what is happening next. Some children may also use OOR to show adults what they want to do.

We use OOR in every day routines at school to help communicate with children what we want them to do next.

We are introducing 5 OOR at the beginning of each month. We will be including these on our monthly parent planners, so that you are able to replicate them at home where appropriate.

Your child might throw/not touch the OOR. This is okay. Don't give up.

Start with fun activities that your child enjoys.

### How Do We Use Objects of Reference?

#### What to do

1. Show/give the OOR to your child immediately before the activity.
2. Keep words clear and simple, beginning with your child's name.
3. Use the same words and object every time.

#### Example

1. Show them a nappy immediately before taking them to be changed.
2. Say *John, nappy time*.
3. Say *John, nappy time* every time you change their nappy.

#### Examples of OOR that can be used in the home;

Toy boat or rubber duck for bath time.



A school jumper for when it's time to leave for school.



A bowl for snack time



A toy car/bus when it's time to go in the car/on the bus



A particular soft toy when it's time to go to bed.

