

September 2025 T F

TWTF 29 30 1 2 3

November 2025 WTF December 2025 T W T F

February 2026

9 10 11 12 13

TWTF

October 2025

January 2026 T W T F 12 13 14 15 16

March 2026

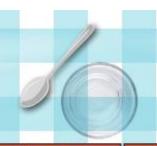
MTWTF

16 17 18 19 20

April 2026 TWTF 27 28 29 30 3

June 2026

This menu is compliant with the Healthy Eating in Schools Regulations 2013





Monday	Tuesday

Bubble Salmon® served with Herby diced potatoes, peas or mixed salad, bread and

spread

Vegetable Noodles (v) served with a tortilla wrap

Jam and Coconut Sponge with custard

Homemade Beef Lasagne

Homemade Quorn and Spinach Lasagne (v) served with garlic bread and mixed salad

Fruit and yoghurt

Roast Chicken and Stuffing

Wednesday

Quom Fillet and Stuffing (ve)

served with dry roast and boiled potatoes, seasonal vegetables and gravy

Fruit flapjack and milk

Pork and Carrot Meatballs

Thursday

Quorn Balls (v)

served with mashed potatoes, broccoli, carrots, green beans and gravy

Fruit and yoghurt

Cheese and Tomato Pizza (v)

Friday

served with chips, mixed salad or peas

Cheesy Bean Filled Jacket Potoato (v)

Chocolate arctic roll



Monday Tuesday

Wednesday

Thursday

Friday

Rich Homemade Bolognese Mac and Cheese (v)

Tuna and Sweetcorn Mayo

Quorn Sausage (ve) in a **Rich Tomato Sauce**

Chicken and Mixed Peppers

V Vegetarian. All accompaniments to main choices are suitable for vegetarians. Jelly and trifle are not suitable for vegetarians. Ve Vegan. All accompaniments to main choices above are suitable for vegans with the exception of Yorkshire pudding. A fully vegan menu is available on request.

Menus may vary in faith schools, please check with your individual school for details.

*salmon fillet in a gluten free rice/maize flour bubbly crumb coating. Catering for Medical Diets/Food Allergies

For special diets requests please e-mail: specialdietrequest@torfaen.gov.uk

Every effort is made to provide the correct balance of choices to our customers but we cannot guarantee that all choices will be available right to the end of service.



Ι	Ma	rch 20	026			Ap	erii 20	26	
1	T	W	T	F	M	T	w	T	1
	3	4	5	6			1	2	
	10	11	12	13	- 6	7	8	. 9	1
9	17	18	19	20	13	14	15	16	1
ï	24	25	26	27	20	21	22	23	2
1	31				27	28	29	30	
_				_					_

October 2025

13 14 15 16 17

20 21 22 23 24 27 28 29 30 31 December 2025

TWTF

15 16 17 18 19

22 23 24 25 26 29 30 31

February 2026

16 17 18 19 20

3 4 5

11 12 13

TWTF

1 2 3

	M	ay 20	26			Ju	ne 20	26
M	T	W	T		M	T	w	Ť
				1	-1	2	3	4
4	5	6	7		8	9	10	11
11	12	13	14	15	15	16	17	.18
18	19	20	21	22	22	23	24	25
25	26	22	28	29	29	30		

t i	T 2	F 3 10
1	9	10
- 0	0	10
15	16	17
22	23	24
29	30	31
	22 29	22 23 29 30







Monday	Tuesday	Wednesday	Thursday	Friday
Jumbo Fish Finger or Vegetable Nuggets (ve) served with Herby diced potatoes, peas or baked beans Lemon drizzle cake and custard	Homemade Chicken Curry or Homemade Quorn Curry(v) served with rice, mixed salad and naan bread Fruit and yoghurt	Roast Turkey and Stuffing or Quorn Fillet and Stuffing(ve) served with dry roast and boiled potatoes, vegetable selection and gravy	Homemade Beef Spaghetti Bolognese or Homemade Vegetable Bolognese (v) served with a side salad and garlic bread	Pork Sausage Hot Dog or Glamorgan Sausage Hot Dog (v) served with chips, baked beans or peas
	Plain Pasta	Garlic bread, Cheddar Chan		

with a mixed salad or baked beans potatoes Monday Tuesday Wednesday Thursday

cheddar cheese

Pork and Carrot Meatballs in a rich Tomato Sauce

Rich Homemade Bolognese

plain Tomato Pasta

or Baked

Chicken Mayonnaise

Mac and Cheese (v)

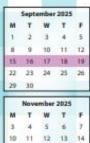
Quorn Sausage (ve) in a savoury Tomato Sauce

Friday

V Vegetarian. All accompaniments to main choices are suitable for vegetarians. Jelly and trifle are not suitable for vegetarians. Ve Vegan. All accompaniments to main choices above are suitable for vegans with the exception of Yorkshire pudding. A fully vegan menu is available on request. Menus may vary in faith schools, please check with your individual school for details. "salmon fillet in a gluten free rice/maize flour bubbly crumb coating.



This symbol highlights the meal choices with lower carbon footprints



1	T	w	T	F	M	T	w	т	1
_	Jani	pary 2	2026	S .		Febr	ruary	2026	5
					29	30	31	-	1
	25	26	27	28	22	23	24	25	2
7	18	19	20	21	15	16	17	18	1
b	.11	12	13	14	8	.9	10	11	1
	4	5	6	7	.2	2	3	4	-
•	T	W	T	F	M	T	W	т	3

October 2025

M T W T F

13 14 15 16 17

20 21 22 23 24 27 28 29 30 31

December 2025

8 9 10

Т	Jan	pary 2	026	ă		Febr	wary.	2026	
M	T	W	T	F	M	T	w	т	
			1	2	2	3	4	5	6
5	6	7	8	9	9	10	11	12	13
2	13	14	15	16	16	17	18	19	20
9	20	21	22	23	23	24	25	26	27
16	27	28	29	30					
_		- 94			-				

	Ma	rch 20	126	100		Ap	eril 20	26	
м	T	W	T	F	M	T	W	T	1
2	3	4	3	6			1	2	3
9	10	-11	12	13	6	7	8	9	1
16	17	18	19	20	13	14	15	15	1/8
23	24	25	26	27	20	21	22	23	2
30	31			1	27	28	29	30	

	M	ay 20	26			Ju	ne 20	26	Ī,
м	T	W	T	F	M	T	w	T	
				3	1	2	3	.4	3
4	-5	6	7	. 8	8	9	10	11	1
11	12	13	14	15	15	16	17	18	1
te.	19	20	21	22	22	23	24	25	2
25	26	27	28	29	29	30			
_			_		_	_			_

	Ju	ly 20:	26		ľ
М	T	w	T	F	
		1	2	3	
6	7	8	9	10	١
13	14	15	16	17	
20	21	22	23	24	
27	28	29	-30	31	l
			-		į

Settestion of District Original Control of C







Monday	Tuesday	Wednesday	Thursday	Friday
Breaded Chicken Goujons or Quorn Nuggets (ve) served with Herby diced potatoes, peas, bread and spread Spicy Pineapple cake and custard	Bubble Salmon* served with Mashed potato, peas, bread and spread or Mac and Cheese with Broccoli topped with a Crusty Crumb (v) served with garlic bread and salad ***********************************	Pork Sausage and Yorkshire Pudding or Quorn Sausage (ve) and Yorkshire Pudding served with dry roast and mashed potato, seasonal vegetables and gravy ************************************	Homemade BBQ Minced Beef or Homemade BBQ Quorn Mince (v) served with rice, tortilla chips and side salad Fruit and yoghurt	Cheese and Tomato Pizza (v) served with chips, peas and sweetcorn or Tuna and Sweetcorn Filled Jacket Potato **********************************
Pasta But	Plain Tomato Pasta or Baked potatoes	Tortilla wrap/ Garlic bread, cheddar cheese with a mixed salad or baked beans		
Monday	Tuesday	Wednesday	Thursday	Friday

Chicken in a Creamy Tomato

and Mascarpone Sauce

V Vegetarian. All accompaniments to main choices are suitable for vegetarians. Jelly and trifle are not suitable for vegetarians. Ve Vegan.

All accompaniments to main choices above are suitable for vegans with the exception of Yorkshire pudding. A fully vegan menu is available on request. Menus may vary in faith schools, please check with your individual school for details.

Rich Homemade Bolognese



This symbol highlights the meal choices with lower carbon footprints

Quorn balls (ve)

in a Savoury Tomato Sauce

"salmon fillet in a gluten free rice/maize flour bubbly crumb coating.

Tuna and Sweetcorn

Mayonnaise

Mac and Cheese (v)



	October 2025											
M	T	w	T									
		1	2	3								
6	7	8	9	10								
13	14	15	16	17								
20	21	22	23	24								
27	28	29	30	31								

December 2025

10 11 12 15 16 17 18 19 22 23 24 25 26

17

November 2025						
M	T	W	T.	F		
3	4	5	6	7		
10	11	12	13	14		
17	18	19	20	21		
24	25	26	27	28		

January 2026 MTWTF

12 13 14 15 16

ı	29	30	31		
Ī		Febr	wary:	2026	
ı	M	T	w	T	F
ı	2	3	4	5	
ı	9	10	11	12	13
ı	16	17	18	19	20
ı	40	24	90	24	32

March 2026						Ap	eril 20	26	
M	T	W	T	9	M	T	w	T	
2	3	4	5	6			1	2	
9	10	11	12	13	6	7	8	9	
16	17	18	19	20	13	14	15	16	
23	24	25	26	27	20	21	22	23	
30	31				27	28	29	30	

May 2026					June 2026				
м	T	w	T	F	M	T	w	T	
				1	1.	2	3	4	3
4	5	6	7	8	8	9	10	11	10
11	12	13	14	15	15	16	17	18	1
t8	19	20	21	22	22	23	24	25	2
25	26	27	28	29	29	30			

July 2026							
M	T	W	T	F			
		1	2	3			
ō	7	8	9	10			
13	14	15	16	17			
20	21	22	23	24			
27	28	29	30	31			







Monday	Tuesday	Wednesday	Thursday	Friday
Fish Fingers or Glamorgan Sausage (v) served with Herby diced potatoes, baked beans, bread and spread Fruit crumble and custard	Homemade Beef Bolognese Pasta Bake or Homemade Quorn Bolognese Pasta Bake (v) served with garlic bread and salad ***********************************	Pork Loin and Stuffing or Quorn Fillet and Stuffing (ve) served with dry roast and boiled potatoes, assorted vegetables and gravy ************ Fruit jelly and biscuit	Homemade Chicken Curry or Homemade Quorn Curry(v) served with rice, peas or sweetcorn and naan bread ************ Fruit and yoghurt	Beefburger in a Bun or Spicy Quorn Burger (v) served with chips and peas ************ Toffee or strawberry yoghurt flavour ice cream
and the same	Plain Tomato Pasta	Garlic bread, with a mixed sale		

Tuesday Monday

Wednesday

with a mixed salad

or baked beans

Thursday

Friday

Mac and Cheese (v)

Chicken and Mixed Peppers

or Baked

potatoes

Chicken Mayonnaise

Homemade Beef Bolognese

Pork Sausage in a savoury Tomato Sauce

V Vegetarian. All accompaniments to main choices are suitable for vegetarians. Jelly and trifle are not suitable for vegetarians. Ve Vegan. All accompaniments to main choices above are suitable for vegans with the exception of Yorkshire pudding. A fully vegan menu is available on request. Menus may vary in faith schools, please check with your individual school for details. *salmon fillet in a gluten free rice/maize flour bubbly crumb coating.



This symbol highlights the meal choices with lower carbon footprints